



News and Notes
April 2015

A Note From Executive Director Julie Proctor

I want to thank everyone who participated in Nevada's Big Give. Hundreds of thousands of dollars were raised to help right here in the State of Nevada. A special thank you to everyone who helped make SAFE House's first Big Give a success we cannot thank you enough.



S.A.F.E. House New Volunteer Graduation
Spring 2015.

March was a busy month here at SAFE House. Volunteer training was completed with 12 graduates. It was a great class and we are all looking forward to having them on our team.

Thank you all for making a difference to SAFE House and our mission.

We are looking forward to the 5th Annual Pretty in Pink Luncheon on May 29th at Green Valley Ranch. Guest Speaker Charmaine Lee will talk about empowerment and the Sun City Aliente Songsters will be performing. The silent auction looks like it will be a hit too!

We have Southwest Airlines tickets, Total Wine is hosting a Wine Tasting for 20 people, purses, jewelry, show tickets and so much more! We are planning a great event and look forward to seeing you there.

Finally, I want to thank everyone who continues to support this agency. The work that is done here is vital to our community and we could not do it without your support and encouragement. Thank you!

Julie

You're Invited!

To S.A.F.E. House's
5th Annual Pretty in Pink Luncheon

May 29th, 2015

Emcee – Ms. Sue Manteris

Special Guest – Charmain Lee, Author, Speaker, and Coach

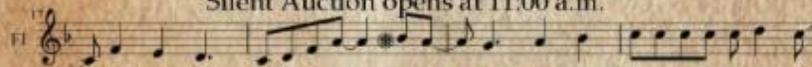
Musical Guest – Sun City Aliante Songsters



Green Valley Ranch Resort, Spa and Casino
2300 Paseo Verde Pkwy, Henderson, NV 89052

11:30 a.m. to 1:00 p.m.

Silent Auction opens at 11:00 a.m.



S.A.F.E. House, Inc.

921 American Pacific Drive, Suite 300

Henderson, NV 89014

702-451-4203

www.safehousenv.org

annettes@safehousenv.org



VOLUNTEER CORNER



Wow! Time really fly's by! I feel like I was just in training but it has been nearly six months.

I really enjoy working at SAFE House as a volunteer because not only am I helping staff with tasks, but I can also help with the clients in the shelter.

In just a few months of volunteering at SAFE House, I have gotten to know some of the clients and their children. I love being able to assist them with finding specific items for work, for the children and when they get ready to leave to start new lives.

There are many areas that we as volunteers can assist in and SAFE House makes it a wonderful place to be a volunteer.

Sincerely,
Sheila

Thank you Sheila for ALL you do for SAFE House!

Sheila works in numerous departments and has lent her skills to assist in many endeavors, including creating an improved functioning of our warehouse system and our shelter boutique.

If you are interested in our September training please contact our Volunteer Coordinators at 702-451-4203.

SAFE House
Mission Moment.

A Thank You From a Client: *HER*story

My life.

My life is no different from so many other people. I mean



from the average individual. I am from the smallest state in Mexico, called Tlaxcala. My first six years of life I got to witness how my dad physically, verbally and emotionally abused my mother. At the age of 4, I was sexually molested by one of my cousins. This continued until I was 12 and left Mexico with my mother to come to the USA.

At the age of 15 I ran away from my mom's house, because there was alcohol and drug abuse at home and life was pretty hectic. I got pregnant at the age of 16 and became a mom at the age of 17. Becoming a mom at such a young age was kind of dramatic. I didn't have any support and I did my best at being the best mom I could. However, when it came to relationships, I would fall for the toxic ones.

Eventually I met a man, through a mutual friend, who swept me off my feet and I felt ready to fall in love; and I did. I fell in love with a lovely man from Ohio who eventually started abusing me emotionally. The abuse started while we were living in Nevada. I contacted SAFE House immediately.

Before I continue, I would like to share how I knew about SAFE House. A few years earlier, I did some research for my mom who needed help at the time. She never used it, but eventually, I did. I contacted SAFE House as soon as the verbal abuse started. Martha, my therapist, and SAFE House gave me the guidance and support I needed. The journey wasn't easy. There were many times I just wanted to go back to my hometown in Mexico; but I was undocumented at the time and my self esteem was very low. At one point, I was living in the shelter for a few days, but ended up going back to my abuser because I didn't believe in myself and didn't want to bring my daughter to live in the shelter. However, I never gave up on my meetings with Martha. Every week I was there and she was very helpful. Eventually, our relationship escalated to physical abuse and I was fed up with everything and left my abuser.

I continued going to Martha, until last year in April when I decided to sign up to live in an Ashram and I became a Yoga teacher. After I left the Ashram, I decided to follow my heart. I always wanted to live in Santa Barbara, CA and here I am! I put into practice all the tools I learned from Martha and now I feel like a 2 year old girl rediscovering the world. I'm doing things that I always wanted to do, like learning how to swim, going to college for the first time, living in my dream city, taking certifications that are helping me with my growth. I'm developing a program based on Yoga and outdoor activities to help bring women together and as a team we can come out with great ideas on how to teach younger generations have a better quality of life. We focus on self love, self respect, respect of others and healthy relationships.

My life has completely changed. I live in the present, I have learned to care about only what matters in life. Life is not always pink and unicorns. Once I learned to surf the waves of life, I fell in love with the process of my life. And all thanks to SAFE House, Martha and last but not least; all of the donors that support the cause.

Thank you all for helping me improve my life.



WANTED: Teens between the ages of 14-18 to become trained peer educators regarding teen dating violence.

S.A.F.E. House is offering a program to help address the growing epidemic of teen dating violence.

Why: More than 1 in 5 women (22.4%) and nearly 1 in 7 men (15.0%) who have experienced rape, physical violence, and/or stalking by an intimate partner first experienced some form of intimate partner violence between 11 and 17 years of age. In fact, most victims (69% of females, 53% of males) first experienced intimate partner violence before the age of 25 (Centers for Disease Control, 2011).

The consequences of teen dating violence are impossible to ignore - they hurt not just the young people victimized but also their families, friends, schools and communities. Throughout February, organizations and individuals nationwide

come together to raise awareness of dating violence and promote healthy intimate relationships for youth.

Training: S.A.F.E. House will train all teenagers about teen dating violence so that they can talk to peers about healthy and unhealthy relationships, refer peers to help and educate classmates about teen dating violence.

Once a month teens will meet with S.A.F.E. House staff for a supportive and informational meeting.

This is an amazing opportunity for young people to get involved in their community and really make a profound difference.

Training Dates:

May 9th

July 11th

Septemeber 12th

Please contact Annette Scott at 702-451-4203 or annettes@safehousenv.org for more information

Events 2015



April

April is Child Abuse Prevention Month and Sexual Assault Awareness Month

April 19-4/5 National Crime Victims Week

April 22 Denim Day

May 2015

May 9 Ending Teen Daying Violence Training

May 29

5th Annual Pretty in Pink Luncheon

at Green Valley Ranch Resort, Spa and Casino

July

July 11 Ending Teen Daying Violence Training

September

Septemeber 12 Ending Teen Daying Violence Training

October 2015

October is Domestic Violence Awareness Month

October Domestic Violence Memorial

Location and Time: TBD

November 2015

7th Annual RUN for Shelter

More to Come.....

Please contact annettes@safehousenv.org or 702-451-4203 for more information.

STAY CONNECTED

